



headache masterclass

A ONE-DAY COURSE IN HEADACHE DIAGNOSIS &
MANAGEMENT FOR HEALTHCARE PROFESSIONALS

2 OCTOBER 2026

- LEARN HOW TO DIAGNOSE AND MANAGE HEADACHE EFFECTIVELY
- A COURSE PRESENTED BY THE FOREMOST HEADACHE EXPERTS AND OPINION LEADERS
- ACCREDITED FOR 6 CPD POINTS

100% OF OUR DELEGATES IN MARCH 2025 RATED THIS MASTERCLASS
AS 'GOOD' OR 'EXCELLENT'

ROYAL COLLEGE OF PHYSICIANS, REGENT'S PARK, LONDON



OVERVIEW

A ONE DAY MASTERCLASS FOR GENERAL PRACTITIONERS, SPECIALIST REGISTRARS IN GENERAL PRACTICE AND NEUROLOGY, SPECIALIST NURSES AND OTHER HEALTH PROFESSIONALS DESIGNED TO IMPROVE THE SKILLS REQUIRED TO SUCCESSFULLY DIAGNOSE AND MANAGE PATIENTS SUFFERING FROM HEADACHE DISORDERS

WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult with a doctor
- The burden of headaches on patients, health services and society as a whole is extremely high
- Headache syndromes are under-estimated, under-diagnosed and under-treated
- Patient's quality of life can be greatly improved by effective diagnosis and treatment

LEARNING OBJECTIVES

- Develop a better understanding of secondary headaches such as high and low pressure headaches, medication overuse headache, post-traumatic headaches, and other symptomatic headaches
- Diagnose and evaluate patients with common headache disorders including migraine, tension type headache, cluster headache and chronic daily headache
- Understand the basic mechanisms and pathophysiology that underlie headache disorders such as migraine, cluster headaches and hormonally triggered headaches
- Develop an appropriate, multidimensional treatment plan that includes abortive, preventive and bio-behavioural treatment strategies for patients with headache disorders

SPEAKERS

Professor Manjit Matharu

Professor of Neurology and Consultant Neurologist, and Clinical and Academic Lead of the Headache and Facial Pain Group at the UCL Queen Square Institute of Neurology and The National Hospital for Neurology and Neurosurgery, London.

Dr Tim Yates

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

Dr Sanjay Cheema

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

Dr Michelle Oswal

Consultant Neurologist and clinical lead for the headache service at Hillingdon Hospital, North West London.

Dr Daniel Campbell

General Practitioner with a Special Interest in Headache at Hillingdon Hospital, London.

Dr Simone Gregoire

Consultant Neurologist at Lister Hospital, East and North Hertfordshire NHS Trust.

Dr David Kernick

General Practitioner with a Special Interest in Headache at Exeter Headache Care, Exeter, and past Chair of the British Association for the Study of Headache.

Dr Rachael Kilner

General Practitioner in Lambeth, South London, with an extended role in headache; she runs headache clinics at King's College Hospital and St Thomas' Hospital.

Dr Louise Rusk

General Practitioner at Kerrsland Surgery, Belfast, with a Specialist Interest in Headache in the Neurology Department at the Ulster Hospital, Northern Ireland.

Dr David Watson

General Practitioner with a Special Interest in Headache in the Department of Neurology at Aberdeen Royal Infirmary.



PROGRAMME

FRIDAY 2 OCTOBER 2026		SPEAKERS
08:30-09:00 REGISTRATION AND REFRESHMENTS		
09:00-09:15	Introduction and Welcome	Prof Manjit Matharu
SESSION 1:	ASSESSMENT OF HEADACHE IN PRIMARY CARE – WHEN TO WORRY	CHAIR: PROF MANJIT MATHARU
09:15-09:40	Taking a Focused Headache History in a 10-Minute Appointment	Dr David Kernick
09:40-10:10	Red Flags and Recognising Secondary Headache	Dr Michelle Oswal
10:10-10:30	Who and When to Investigate: How to Refer Well	Dr Rachael Kilner
10:30-11:00 REFRESHMENTS		
SESSION 2:	THE COMMON HEADACHES – MIGRAINE AND TENSION-TYPE HEADACHE	CHAIR: DR TIM YATES
11:00-11:30	Diagnosing Migraine and Tension-Type Headache in Primary Care	Dr Daniel Campbell
11:30-11:55	Acute Treatment of Migraine: Getting the Basics Right	Prof Manjit Matharu
11:55-12:30	Preventive Treatment of Migraine: What GPs Can Start and Optimise	Dr David Watson
12:30-13:30 LUNCH		
SESSION 3:	THE DIFFICULT HEADACHE IN PRIMARY CARE	CHAIR: DR SANJAY CHEEMA
13:30-14:00	Medication Overuse and Chronic Daily Headache: Diagnosis and Management	Dr Louise Rusk
14:00-14:30	Hormonal Influences on Migraine: Contraception, Pregnancy and Menopause	Dr Simone Gregoire
14:30-15:00	Cluster Headache and When to Suspect a Trigeminal Autonomic Cephalalgia	Dr Tim Yates
15:00-15:30 REFRESHMENTS		
SESSION 4:	BEYOND THE COMMON HEADACHES	CHAIR: DR MICHELLE OSWAL
15:30-16:00	When It Isn't Migraine: Rarer Headaches a GP Should Recognise	Dr Sanjay Cheema
16:00-17:15	Case Histories and Interactive Discussion	All Speakers



REGISTRATION

COURSE FEE: £50

REGISTER ONLINE AT: WWW.HEADACHEACADEMY.COM

■ Address for contacting us is
Prof Manjit Matharu, Headache Masterclass, 23 Queen
Square, London WC1N 3BG

■ Email address for contacting us is
info@headachemasterclass.com

TESTIMONIALS

*A good balance between
the detailed and
pragmatic*

*I wanted a
comprehensive update
and that has been
delivered. Thank you*

*First class venue &
refreshments*

*An excellent update on
the recent NICE
guidelines on headache
disorders and emerging
therapies.*

*Well conducted and well
catered to all groups of
audience*

*All speakers very
approachable to
questions and
discussion*

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