



headache masterclass

**A ONE-DAY COURSE IN HEADACHE DIAGNOSIS
& MANAGEMENT FOR GENERAL PRACTITIONERS**

2 OCTOBER 2026

- **LEARN HOW TO DIAGNOSE AND MANAGE HEADACHE EFFECTIVELY**
- **A COURSE PRESENTED BY THE FOREMOST HEADACHE EXPERTS AND OPINION LEADERS**
- **PRACTICAL, INTERACTIVE TEACHING FOR PRIMARY CARE**

100% OF OUR DELEGATES IN JUNE 2019 RATED THIS
MASTERCLASS AS 'GOOD' OR 'EXCELLENT'

ROYAL COLLEGE OF PHYSICIANS, REGENT'S PARK, LONDON



OVERVIEW

A ONE-DAY MASTERCLASS FOR GENERAL PRACTITIONERS, GP TRAINEES, SPECIALIST NURSES AND OTHER HEALTHCARE PROFESSIONALS, DESIGNED TO IMPROVE THE PRACTICAL SKILLS REQUIRED TO DIAGNOSE AND MANAGE PATIENTS WITH HEADACHE DISORDERS

WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult a doctor.
- The burden of headache on patients, health services and society is extremely high.
- Headache disorders are under-estimated, under-diagnosed and under-treated.
- Patients' quality of life can be greatly improved by effective diagnosis and treatment.

LEARNING OBJECTIVES

- Take a focused headache history and recognise red flags for secondary headache.
- Diagnose migraine and tension-type headache in primary care.
- Initiate and optimise acute and preventive migraine treatment.
- Recognise medication overuse, hormonal migraine, cluster headache and rarer headache syndromes.
- Know when to investigate, refer and seek specialist advice.

SPEAKERS

Prof Manjit Matharu

Professor of Neurology, Academic and Clinical Lead at the Queen Square Institute of Neurology and The National Hospital for Neurology and Neurosurgery, London.

Dr Tim Yates

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

Dr Sanjay Cheema

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

Dr Michelle Oswal

Consultant Neurologist at Hillingdon Hospital, London.

Dr Jessica Briscoe

General Practitioner with a Special Interest in Headache at Mayo Clinic Healthcare, London, and the National Migraine Centre.

Dr Daniel Campbell

General Practitioner with a Special Interest in Headache at Hillingdon Hospital, London.

Dr David Kernick

General Practitioner with a Special Interest in Headache at Exeter Headache Care, Exeter.

Dr Rachael Kilner

General Practitioner with an Extended Role in Headache at King's College Hospital, St Thomas' Hospital and the Bromley GP Alliance community headache clinic, London.

Dr Louise Rusk

General Practitioner with a Specialist Interest in Headache in the Neurology Department at the Ulster Hospital, Northern Ireland.

Dr Rebecca Walker

General Practitioner with an Extended Role in Headache Medicine and Menopause Care at the National Migraine Centre.

Dr David Watson

General Practitioner with a Special Interest in Headache in the Department of Neurology at Aberdeen Royal Infirmary.



PROGRAMME

FRIDAY 2 OCTOBER 2026		SPEAKERS
08:30-09:00	REGISTRATION AND REFRESHMENTS	
09:00-09:15	Introduction and Welcome	Prof Manjit Matharu
SESSION 1:	ASSESSMENT OF HEADACHE IN PRIMARY CARE: WHEN TO WORRY	CHAIR: Prof Manjit Matharu
09:15-09:40	Taking a Focused Headache History in a 10-Minute Appointment	Dr David Kernick
09:40-10:10	Red Flags and Recognising Secondary Headache	Dr Michelle Oswal
10:10-10:30	Who and When to Investigate - and How to Refer Well	Dr Rachael Kilner
10:30-11:00	REFRESHMENTS	
SESSION 2:	THE COMMON HEADACHES: MIGRAINE AND TENSION-TYPE HEADACHE	CHAIR: Dr Tim Yates
11:00-11:30	Diagnosing Migraine and Tension-Type Headache in Primary Care	Dr Daniel Campbell
11:30-11:55	Acute Treatment of Migraine: Getting the Basics Right	Dr Jessica Briscoe
11:55-12:30	Preventive Treatment of Migraine: What GPs Can Start and Optimise	Dr David Watson
12:30-13:30	LUNCH	
SESSION 3:	THE DIFFICULT HEADACHE IN PRIMARY CARE	CHAIR: Dr Sanjay Cheema
13:30-14:00	Medication Overuse and Chronic Daily Headache: Diagnosis and Management	Dr Louise Rusk
14:00-14:30	Hormonal Influences on Migraine: Contraception, Pregnancy and Menopause	Dr Rebecca Walker
14:30-15:00	Cluster Headache and When to Suspect a Trigeminal Autonomic Cephalalgia	Dr Tim Yates
15:00-15:30	REFRESHMENTS	
SESSION 4:	BEYOND THE COMMON HEADACHES	CHAIR: Dr Michelle Oswal
15:30-16:00	When It Isn't Migraine: Rarer Headaches a GP Should Recognise	Dr Sanjay Cheema
16:00-17:15	Case Histories and Interactive Discussion	All Speakers



REGISTRATION

COURSE FEE: £50

REGISTER ONLINE AT: WWW.HEADACHEMASTERCLASS.COM

- Address for contacting us is
Prof Manjit Matharu, Headache Masterclass, 23 Queen Square,
London WC1N 3BG
- Email address for contacting us is
info@headachemasterclass.com

ENDORSED BY:



TESTIMONIALS

*A good balance between
the detailed and pragmatic*

*I wanted a comprehensive
update and that has been
delivered. Thank you*

*First class venue
& refreshments*

*An excellent update on the
recent NICE guidelines on
headache disorders and
emerging therapies.*

*Well conducted and
well catered to all
groups of audience*

*All speakers very
approachable to
questions and discussion*