



headache
academy

**SPECIALIST REGISTRAR TEACHING
WEEKEND ON HEADACHE DISORDERS**
3-4 October 2026

- Learn how to diagnose and manage headache effectively
- A course presented by the foremost headache experts and opinion leaders
- Accredited for 12 CPD points

**ROYAL COLLEGE OF PHYSICIANS
REGENT'S PARK, LONDON**



A COMPREHENSIVE AND INTERACTIVE COURSE ON HEADACHE DISORDERS FOR MEDICAL PROFESSIONALS WHICH WILL ENABLE A CONTEMPORARY APPROACH WITH A CONFIDENT DIAGNOSIS, APPROPRIATE INVESTIGATIONS AND EFFECTIVE MANAGEMENT

PRESENTED BY THE FOREMOST EXPERTS AND OPINION LEADERS

WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult with a doctor. The burden of headaches on patients, health services and society as a whole is extremely high. A wide range of effective treatments are available for most headache disorders.
- Studies show that headaches are under-estimated, under-diagnosed and under-treated.
- Patient's quality of life can be greatly improved by effective diagnosis and treatment. The aim of the Teaching Weekend is to help you to manage these disorders more effectively.

LEARN HOW TO:

- Assess patients with headache.
- Diagnose major categories of headache accurately
- Decide when to investigate patients
- Understand the evidence base for currently available treatments
- Develop effective, individualised treatment plans for your patients

WHO SHOULD ATTEND?

- Neurologists, Pain Specialists (including Facial Pain Specialists) and Paediatricians
- General Practitioners
- Specialist Registrars, Associate Specialists and Staff Grades in Neurology
- Specialist Registrars in Paediatrics, Emergency Medicine and General Practice
- Headache Specialist Nurses
- Allied Health Professionals

ACCREDITATION

- This course is accredited for 12 CPD points by the Royal College of Physicians
- RCP CPD code: 156139

ENDORSED BY:





SPEAKERS

PROF MANJIT MATHARU

Professor of Neurology, Academic and Clinical Lead at the Queen Square Institute of Neurology and The National Hospital for Neurology and Neurosurgery, London.

DR TIM YATES

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

DR SANJAY CHEEMA

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

DR MICHELLE OSWAL

Consultant Neurologist at Hillingdon Hospital, London.

DR DEBIE ALVARES

Consultant Neurologist with a specialist interest in headache, Sussex.

DR JANE ANDERSON

Consultant Neurologist and Headache Lead at Addenbrooke's Hospital, Cambridge.

DR BAL ATHWAL

Consultant Neurologist and Headache Lead at the Royal Free London.

DR JAN COBERGH

Consultant Neurologist at Ashford and St Peter's Hospitals NHS Foundation Trust and Honorary Consultant Neurologist leading the Functional Neurological Disorders clinic at St George's Hospital, London.

DR KRISHNA DANI

Consultant Neurologist at NHS Greater Glasgow and Clyde.

DR SOPHIE DORSEY

Consultant Neurologist and Headache Lead at the Hull and East Yorkshire Hospitals NHS Trust, Hull.

DR CALLUM DUNCAN

Consultant Neurologist and Headache Lead at Aberdeen Royal Infirmary, Aberdeen.

DR MONA GHADIRI-SANI

Consultant Neurologist and Headache Lead at The Walton Centre NHS Foundation Trust, Liverpool.

DR PHILIP HOLLAND

Reader in Neuroscience and Lead of the Headache Group at the Institute of Psychiatry, Psychology and Neuroscience, King's College London.

DR GIORGIO LAMBRU

Consultant Neurologist at Guy's and St Thomas' NHS Foundation Trust, London.

DR MIREIA MORAGAS GARRIDO

Consultant Neurologist at Western General Hospital, Edinburgh, and St John's Hospital, Livingston.

DR DAVID MORENO AJONA

Consultant Neurologist at King's College Hospital and Queen Elizabeth Hospital, London.

DR JITKA VANDERPOL

Consultant Neurologist leading the Cumbria Headache Service at North Cumbria Integrated Care NHS Foundation Trust.

DR DIANA WEI

Consultant Neurologist at King's College Hospital and Guy's and St Thomas' NHS Foundation Trust, London.

REGISTRATION

CONFERENCE FEES FOR THE COURSE :



1 NIGHT + COURSE

£450



2 NIGHTS + COURSE

£550



COURSE ONLY

£300

THE FIRST 100 DELEGATES TO REGISTER WILL BE CHARGED AT A SUBSIDISED RATE OF £100 FOR THE COURSE INCLUSIVE OF ACCOMMODATION

REGISTER ONLINE AT: WWW.HEADACHEACADEMY.COM

- Please note if the accommodation has been ticked and you fail to attend the course there will be an additional charge to your card of £200 for non-attendance
- Bed and breakfast is included. Any extras will be paid by individuals directly to the hotel.
- Address for contacting us is Prof Manjit Matharu, Headache Academy, 23 Queen Square, London WC1N 3BG
- Email address for contacting us is info@headacheacademy.com



PROGRAMME

SATURDAY 3 OCTOBER 2026

08:30-09:00 REGISTRATION AND REFRESHMENTS

09:00-09:15 Introduction and Overview

Prof Manjit Matharu

SESSION 1 - PATHOPHYSIOLOGY AND DIAGNOSIS OF HEADACHE DISORDERS

09:15-09:45 Pathophysiology of Primary Headache Disorders

CHAIR: PROF MANJIT MATHARU

09:45-10:15 Classification of Headache Disorders and an Approach to Diagnosis

Dr Philip Holland

Dr Deble Alvares

10:15-10:45 Case Session One

Dr Sanjay Cheema

10:45-11:00 Q&A

11:00-11:15 COFFEE BREAK

SESSION 2 - MIGRAINE AND HEADACHE IN WOMEN

CHAIR: DR JANE ANDERSON

11:15-11:45 Migraine in the Reproductive Years: Menstrual Migraine and Contraception

Dr Jitka Vanderpol

11:45-12:15 Headache Disorders in Pregnancy and the Post-Partum Period

Dr Diana Wei

12:15-12:45 Migraine and the Menopause: Perimenopausal Management and HRT

Dr Michelle Oswal

12:45-13:00 Q&A

13:00-14:00 LUNCH

SESSION 3 - MEDICAL MANAGEMENT OF MIGRAINE

CHAIR: DR CALLUM DUNCAN

14:00-14:30 Update on Acute Migraine Treatments

Dr Tim Yates

14:30-15:00 Update on Preventive Migraine Treatments

Prof Manjit Matharu

15:00-15:30 Non-Invasive and Invasive Neuromodulation in Migraine

Dr Giorgio Lambru

15:30-15:45 Q&A

15:45-16:00 COFFEE BREAK

SESSION 4 - ACUTE AND EMERGENCY HEADACHE

CHAIR: DR TIM YATES

16:00-16:30 Headache in the Emergency Department: Recognising the Dangerous Headache

Dr Krishna Dani

16:30-17:00 Management of Refractory Acute Migraine in the Emergency Department

Dr Jane Anderson

17:00-17:30 Case Session Two

Dr Callum Duncan

17:30-17:45 Q&A

SUNDAY 4 OCTOBER 2026

08:30-09:00 REFRESHMENTS

SESSION 5 - HEADACHE IN LATER LIFE

CHAIR: DR MICHELLE OSWAL

09:00-09:30 New-Onset Headache in the Older Patient: Red Flags and the Dangerous Secondary Headaches

Dr Callum Duncan

09:30-10:00 Primary Headache Disorders in Later Life: Evolution and Late-Onset Syndromes

Dr Mireia Moragas Garrido

10:00-10:30 Entering the Effective Management of Headache in the Older Patient

Dr Sanjay Cheema

10:30-10:45 Q&A

10:45-11:00 COFFEE BREAK

SESSION 6 - HEADACHE: COMORBID AND ASSOCIATED DISORDERS (I)

CHAIR: DR SANJAY CHEEMA

11:00-11:30 Headache in Systemic, Inflammatory and Autoimmune Disease

Dr Mona Ghadiri-Sani

11:30-12:00 Headache and Psychiatric Comorbidity: Anxiety, Depression and Functional Overlap

Dr Sophie Dorsey

12:00-12:30 Case Session Three

Dr Krishna Dani

12:30-12:45 Q&A

12:45-13:45 LUNCH

SESSION 7 - HEADACHE: COMORBID AND ASSOCIATED DISORDERS (II)

CHAIR: PROF MANJIT MATHARU

13:45-14:15 Case Session Four

Dr Tim Yates

14:15-14:45 Headaches and Vestibular Disorders

Dr David Moreno Ajona

14:45-15:15 Headache and Sleep Disorders

Dr Bal Athwal

15:15-15:45 Headache and Functional Neurological Disorders

Dr Jan Coebergh

15:45-16:00 Q&A

16:00-16:15 Conclusion

Prof Manjit Matharu