



headache
academy

INTERNATIONAL FORUM FOR HEADACHE NURSES MEETING ON HEADACHE DISORDERS

3 October 2025

- Learn how to diagnose and manage headache effectively
- A course presented by the foremost headache experts and opinion leaders

ROYAL COLLEGE OF PHYSICIANS
REGENT'S PARK, LONDON



A COMPREHENSIVE AND INTERACTIVE COURSE ON HEADACHE DISORDERS FOR MEDICAL PROFESSIONALS WHICH WILL ENABLE A CONTEMPORARY APPROACH WITH A CONFIDENT DIAGNOSIS, APPROPRIATE INVESTIGATIONS AND EFFECTIVE MANAGEMENT

PRESENTED BY THE FOREMOST EXPERTS AND OPINION LEADERS

WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult with a doctor. The burden of headaches on patients, health services and society as a whole is extremely high. A wide range of effective treatments are available for most headache disorders.
- Studies show that headaches are under-estimated, under-diagnosed and under-treated.
- Patient's quality of life can be greatly improved by effective diagnosis and treatment. The aim of the Teaching Weekend is to help you to manage these disorders more effectively.

LEARN HOW TO:

- Assess patients with headache.
- Diagnose major categories of headache accurately
- Decide when to investigate patients
- Understand the evidence base for currently available treatments
- Develop effective, individualised treatment plans for your patients

WHO SHOULD ATTEND?

- Headache Specialist Nurses
- Allied Health Professionals

ENDORSED BY:



SPONSORED BY:



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Teva UK Limited has part sponsored this event via provision of an exhibition stand and will be present on the day.

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SPEAKERS

SUSIE LAGRATA

Advanced Nurse Practitioner at The National Hospital for Neurology and Neurosurgery, London.

MAHA AHMED

Clinical Nurse Specialist at The National Hospital for Neurology and Neurosurgery, London.

AJAY BOODHOO

Neurology Nurse Consultant at Croydon University Hospital, Croydon, London.

KATE CRUMPLER

Neurology and Headache Clinical Nurse Specialist at Great Ormond Street Hospital, London.

BETHANY HILL

Headache Nurse Specialist at St Thomas's and Guy's Hospital Trust, London.

SIOBHAN JONES

Nurse Consultant at North Cumbria Integrated Care NHS Foundation Trust, Carlisle.

ANTOINETTE LAGRATA

Headache Nurse Specialist at Charing Cross Hospital, London.

CAMILLE MILLANTE

Clinical Nurse Specialist for Headache Disorders and Parkinson's Disease at London North West University Healthcare NHS Trust, London.

PROF MANJIT MATHARU

Professor of Neurology, Academic & Clinical Lead at The National Hospital for Neurology and Neurosurgery, London.

JOANNE MORTIMER

Advanced Nurse Practitioner for Neurology and the Headache Service at Great Ormond Street Hospital for Children NHS Foundation Trust, London.

JUDEIA LYKA PACANA

Clinical Nurse Specialist at The National Hospital for Neurology and Neurosurgery, London.

DOMINIQUE PENAFLOR

Clinical Nurse Specialist at The National Hospital for Neurology and Neurosurgery, London.

RACHEL PICKERING

Clinical Nurse Specialist at The National Hospital for Neurology and Neurosurgery, London.

ANNETTE RASMUSSEN

Headache Nurse at University Hospital Zealand in Roskilde, Denmark. Co-founder and President of the International Forum for Headache Nurses.

ANGELA STOCKLEY

Lead Nurse for Headache at Northern Care Alliance NHS Foundation Trust, Salford.

REGISTRATION

REGISTER ONLINE AT: WWW.HEADACHEACADEMY.COM

PLEASE ENSURE YOU TICK THE "NURSE" BOX ON REGISTRATION PAGE.

- Please note if the accommodation has been ticked and you fail to attend the course there will be an additional charge to your card of £200 for non-attendance
- Bed and breakfast is included. Any extras will be paid by individuals directly to the hotel.
- Address for contacting us is Prof Manjit Matharu, Headache Academy, 23 Queen Square, London WC1N 3BG
- Email address for contacting us is info@headacheacademy.com



PROGRAMME

FRIDAY 3 OCTOBER 2025

09:30-10:00 REGISTRATION AND REFRESHMENTS

10:00-10:15 **Introduction and Overview** Prof Manjit Matharu & Susie Lagrata

10:15-10:25 **Address from International Forum for Headache Nurses Representative** Annette Rasmussen

10:25-10:45 **Breaking the Stigma: Changing Perceptions of Migraine** Siobhan Jones

10:45-11:05 **Mastering Headache Assessment: A Nursing Perspective** Ajay Boodhoo

11:05-11:30 COFFEE BREAK

11:30-11:50 **Medication Overuse Headache (MOH): Best Practices in Management and Care** Susie Lagrata

11:50-12:10 **Bridging the Gap: The Role of Transition Clinics in Headache Care** Joanne Mortimer & Kate Crumpler

12:10-12:30 **Managing Migraine in Pregnancy: Challenges and Considerations** Camille Millante

12:30-13:30 LUNCH

13:30-13:50 **Beyond Migraine: Recognising and Managing Comorbidities** Angela Stockley

13:50-14:10 **Refractory Headaches: When Standard Treatments Fall Short** Bethany Hill

14:10-14:30 **Advancements in Non-Invasive Neuromodulation for Headache Relief** Rachel Pickering

14:30-15:00 COFFEE BREAK

15:00-16:45 **Interactive Workshops | Hands-On Learning**

Station 1: Injection Training for Headache Management Maha Ahmed & Dominique Penaflor

Station 2: Hands-On Non-Invasive Devices Rachel Pickering & Lyka Pacana

Station 3: Case-Based Learning: Real-World Scenarios in Headache Care Susie Lagrata & Antoinette Lagrata

16:45-17:00 **Close** Susie Lagrata