



headache
academy

INTERNATIONAL FORUM FOR HEADACHE NURSES ANNUAL MEETING

Royal College of Physicians

3 October 2025

Patient Support Groups:



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Dr.Reddy's



Lundbeck



ORGANON
Here for her health



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Headache: Welcome and Introduction

Prof. Manjit Matharu and Susie Lagrata

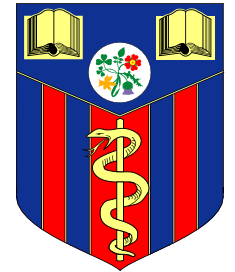
Headache and Facial Pain Group,
UCL Queen Square Institute of Neurology &
The National Hospital for Neurology and Neurosurgery
London, UK

&

Norwegian University of Science and Technology, Trondheim, Norway

INTERNATIONAL FORUM FOR HEADACHE NURSES

3 OCTOBER 2025



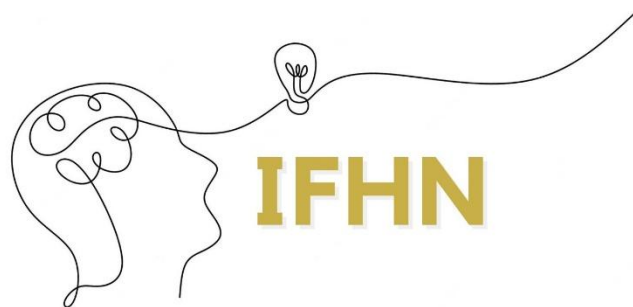
International Forum for Headache Nurses

- **Welcome.** Today we celebrate the people who keep headache services moving.
- **Nurses lead** access, continuity, and outcomes — from triage to advanced therapeutics.
- **You innovate:** nurse-led clinics, procedures, telemedicine, pathway design.
- **You educate and advocate:** empowering patients, upskilling teams, shaping policy.
- **You measure and improve:** audit, research, service redesign — impact at scale.
- **Global reach, local excellence.** Your contribution is recognised and deeply appreciated worldwide.
- **Thank you.** Your expertise is defining the future of headache care.

Our Team at UCLH / NHNN

- **History & growth:** began over two decades ago with one nurse specialist; evolved services and pathways; now a team of 9
- **Clinical care:** expert assessment, longitudinal follow-up
- **Procedures:** Botox, nerve blocks, infusions
- **Neuromodulation:** peripheral & central programmes
- **Telemedicine & monitoring:** access at scale:
- **Coordination & pathways:** triage, rapid access, peri-procedural safety
- **Education & research:** teaching, trials, guideline adoption
- **Quality & equity:** audit, outcomes dashboards, service redesign





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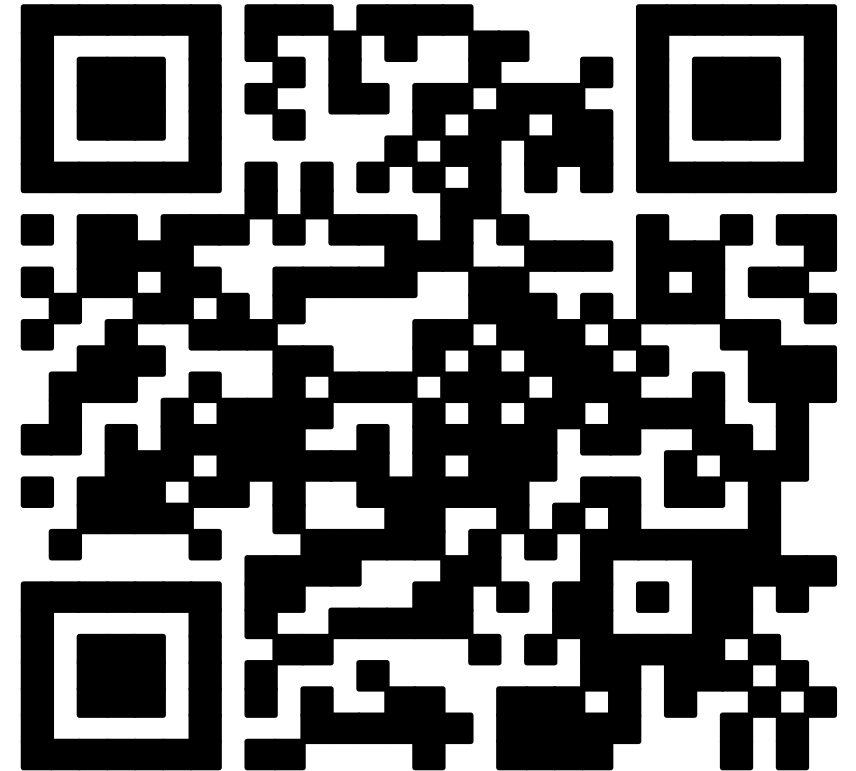


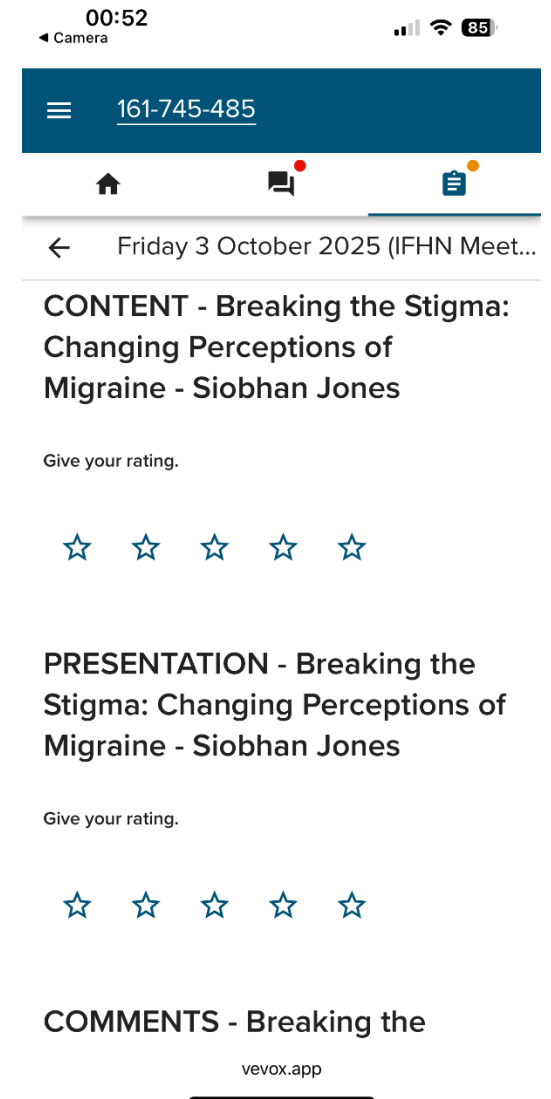
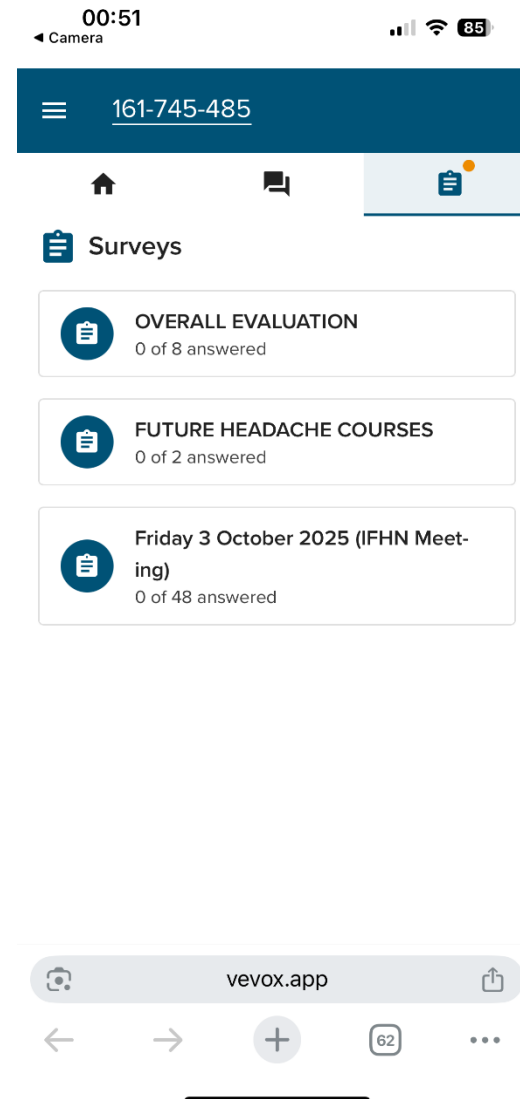
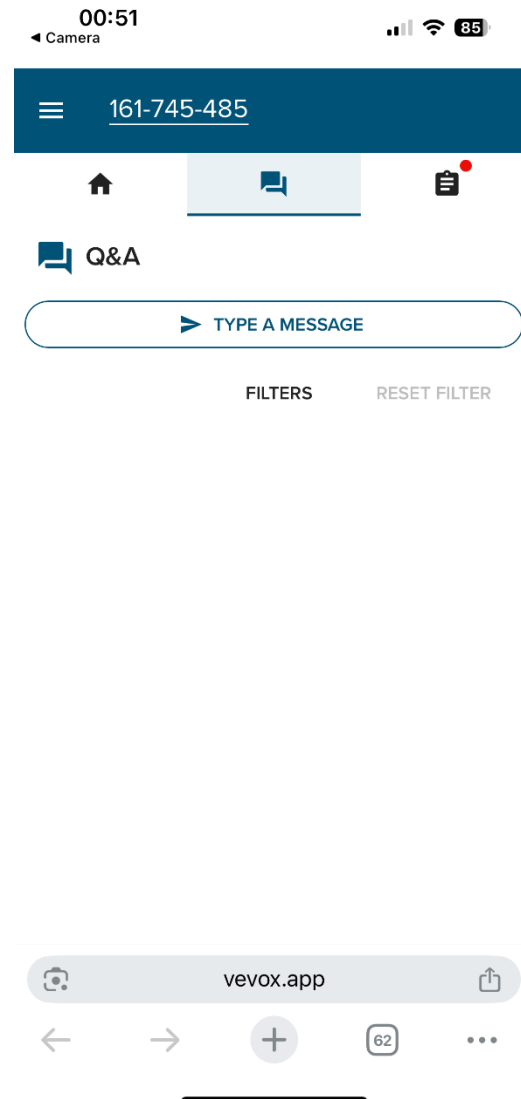
International Forum for Headache Nurses

3rd October 2025

Join at vevox.app

ID: 161-745-485







##/##

Join at: **vevox.app**ID: **161-745-485**

Question slide

What is your speciality?

Acute Medicine	0%
Anaesthetics and Pain Medicine	0%
General Medicine	0%
General Practice/GPwSI	0%
Neurology	0%
Oral Medicine/Dentistry/Facial Pain	0%
Patient Support Group	0%
Pharmaceutical Industry	0%
Nurse Specialist	0%
Other	0%



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Results slide

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Other	0%



##/##

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ID: 161-745-485

Question slide

How did you get here today?

Train

0%

Tube

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Car

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Bus

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Cycle

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Walk

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Airplane

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##/##

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ID: **161-745-485**

Results slide

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Train

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Car

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Bus

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Cycle

0%

Walk

0%

Airplane

0%

- **Please put mobile phones on silent**
- **All messaging is anonymous**
- **You can use the messaging system to ask questions; the chairperson will select the appropriate questions**
- **Please only use the messaging system for clinical/scientific issues.**
- **Please provide feedback about the course and the speakers by visiting the survey section on the app**
- **PLEASE ENGAGE AND INTERACT TO GET THE MOST OUT OF THE COURSE**

Resources on Headache Academy website

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headacheacademy.com

Google News Headache Academy London UK



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Headache Guidelines

Treatments, Regimes and Protocols

Headache Diaries

Patient Group Websites

Useful Websites

Migraine Headaches

Cluster Headache

Facial Pain

Other Headache Disorders

headache disorders for trainees which will enable
a contemporary approach with a confident diagnosis
appropriate investigations and effective management

Presented by the foremost experts and opinion leaders

Course Lectures

- All course lectures will be uploaded on the Headache Academy website:

<https://www.headacheacademy.com/resources/lecture-downloads/2025-headache-academy-nurses-presentation-downloads/>

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- The website link, username and password have been emailed to all delegates.
- The course material will be available for one month until 5 November 2025

Certificates of Attendance

- **Certificate of attendance will be emailed by administration team after the course**

Melia White House Hotel/ Regents Park Holiday Inn Hotel

- **Check-out is on Sunday 5 October 2025 by 12.00 pm**
- **Hotel Reception Check-out Desks very busy from 8am onwards**
- **If there are no payments to be settled, then use card drop.**
- **Delegates paying supplements will be asked for credit card details on check in and will have to check out at the front desk so that they can settle their accounts**
- **After checking out from the hotel on Sunday you may bring your luggage to the Royal College of Physicians and leave it in the cloakroom.**

Course Programme

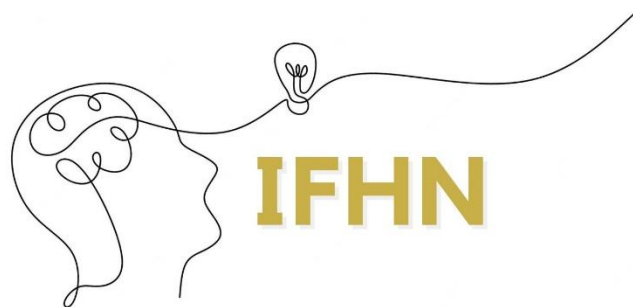
Friday 3rd OCTOBER 2025

10:00-10:15	Introduction and Overview	Prof Manjit Matharu & Susie Lagrata
10:15-10:25	International Forum for Headache Nurses Representative	IFHN Board Members
10:25-10:45	Breaking the Stigma: Changing Perceptions of Migraine	Siobhan Jones
10:45-11:05	Mastering Headache Assessment: A Nursing Perspective	Ajay Boodhoo
11:05-11:30	COFFEE BREAK	
11:30-11:50	Medication Overuse Headache (MOH): Best Practices in Management and Care	Susie Lagrata
11:50-12:10	Bridging the Gap: The Role of Transition Clinics in Headache Care	Joanne Mortimer & Kate Crumpler
12:10-12:30	Managing Migraine in Pregnancy: Challenges and Considerations	Camille Millante
12:30-13:30	LUNCH	

Course Programme

Friday 3rd OCTOBER 2025

13:30-13:50	Beyond Migraine: Recognising and Managing Comorbidities	Angela Stockley
13:50-14:10	Refractory Headaches: When Standard Treatments Fall Short	Bethany Hill
14:10-14:30	Advancements in Non-Invasive Neuromodulation for Headache Relief	Rachel Pickering
14:30-15:00	COFFEE BREAK	
15:00-16:45	Interactive Workshops Hands-On Learning	Maha Ahmed & Dominique Penaflor
	Station 1: Injection Training for Headache Management	Rachel Pickering & Lyka Pacana
	Station 2: Hands-On Non-Invasive Devices	Camille Millante
	Station 3: Case-Based Learning: Real-World Scenarios in Headache Care	Susie Lagrata & Antoinette Lagrata
16:45-17:00	Close	Susie Lagrata



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