



headache  
academy

**SPECIALIST REGISTRAR TEACHING  
WEEKEND ON HEADACHE DISORDERS  
4-5 October 2025**

- Learn how to diagnose and manage headache effectively
- A course presented by the foremost headache experts and opinion leaders
- Accredited for 12 CPD points

**ROYAL COLLEGE OF PHYSICIANS  
REGENT'S PARK, LONDON**



## A COMPREHENSIVE AND INTERACTIVE COURSE ON HEADACHE DISORDERS FOR MEDICAL PROFESSIONALS WHICH WILL ENABLE A CONTEMPORARY APPROACH WITH A CONFIDENT DIAGNOSIS, APPROPRIATE INVESTIGATIONS AND EFFECTIVE MANAGEMENT

*PRESENTED BY THE FOREMOST EXPERTS AND OPINION LEADERS*

### WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult with a doctor. The burden of headaches on patients, health services and society as a whole is extremely high. A wide range of effective treatments are available for most headache disorders.
- Studies show that headaches are under-estimated, under-diagnosed and under-treated.
- Patient's quality of life can be greatly improved by effective diagnosis and treatment. The aim of the Teaching Weekend is to help you to manage these disorders more effectively.

### LEARN HOW TO:

- Assess patients with headache.
- Diagnose major categories of headache accurately
- Decide when to investigate patients
- Understand the evidence base for currently available treatments
- Develop effective, individualised treatment plans for your patients

### WHO SHOULD ATTEND?

- Neurologists, Pain Specialists (including Facial Pain Specialists) and Paediatricians
- General Practitioners
- Specialist Registrars, Associate Specialists and Staff Grades in Neurology
- Specialist Registrars in Paediatrics, Emergency Medicine and General Practice
- Headache Specialist Nurses
- Allied Health Professionals

### ACCREDITATION

- This course is accredited for 12 CPD points by the Royal College of Physicians

### ENDORSED BY:



### SPONSORED BY:



This meeting is partly sponsored by Pfizer and had no influence on the content or speakers for the course. Teva UK Limited has part sponsored this event via provision of an exhibition stand and will be present on the day.



## SPEAKERS

### DR TIM YATES

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

### DR SHAZIA AFRIDI

Consultant Neurologist at Guy's and St Thomas' NHS Foundation Trust, London.

### DR FAYYAZ AHMED

Consultant Neurologist at the Hull and East Yorkshire Hospitals NHS Trust.

### DR JANE ANDERSON

Consultant Neurologist and Headache Lead at Addenbrooke's Hospital, Cambridge.

### DR ANNA ANDREAOU

Director of Headache Research at The Headache Centre, Guy's and St Thomas' NHS Foundation Trust, London.

### DR BAL ATHWAL

Consultant Neurologist and Headache Lead at the Royal Free, London

### DR SOPHIE DORSEY

Consultant Neurologist and Headache Lead at the Hull and East Yorkshire Hospitals NHS Trust, Hull.

### DR CALLUM DUNCAN

Consultant Neurologist and Headache Lead at Aberdeen Royal Infirmary, Aberdeen.

### DR GIORGIO LAMBRU

Consultant Neurologist at Guy's and St Thomas' NHS Foundation Trust, London.

### PROF MANJIT MATHARU

Professor of Neurology, Academic & Clinical Lead at The National Hospital for Neurology and Neurosurgery, London.

### DR SANJAY CHEEMA

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

### DR SARAH MILLER

Consultant Neurologist at Greater Glasgow and Clyde NHS Trust, Glasgow.

### DR JAMES MITCHELL

Honorary Consultant Neurologist at University Hospitals Birmingham NHS Foundation Trust, Birmingham.

### DR MIREIA MORAGAS

Consultant Neurologist at Western General Hospital, Edinburgh, and St John's Hospital, Livingston.

### DR DAVID MORENO AJONA

Consultant Neurologist at King's College Hospital and Queen Elizabeth Hospital, London.

### DR MICHELLE OSWAL

Consultant Neurologist at Hillingdon Hospital, London.

### DR MARK THALLER

Consultant Neurologist at Queen Elizabeth Hospital, Birmingham.

### DR DIANA WEI

Consultant Neurologist at King's College Hospital NHS Foundation Trust and Guy's and St Thomas' NHS Foundation Trust, London.

## REGISTRATION

### CONFERENCE FEES FOR THE COURSE :



1 NIGHT + COURSE

£450



2 NIGHTS + COURSE

£550



COURSE ONLY

£300

THE FIRST 100 DELEGATES TO REGISTER WILL BE CHARGED AT A SUBSIDISED RATE OF £100 FOR THE COURSE INCLUSIVE OF ACCOMMODATION

REGISTER ONLINE AT: [WWW.HEADACHEACADEMY.COM](http://WWW.HEADACHEACADEMY.COM)

- Please note if the accommodation has been ticked and you fail to attend the course there will be an additional charge to your card of £200 for non-attendance
- Bed and breakfast is included. Any extras will be paid by individuals directly to the hotel.
- Address for contacting us is Prof Manjit Matharu, Headache Academy, 23 Queen Square, London WC1N 3BG
- Email address for contacting us is [info@headacheacademy.com](mailto:info@headacheacademy.com)



## PROGRAMME

### SATURDAY 4 OCTOBER 2025

08:30-09:00 REGISTRATION AND REFRESHMENTS

09:00-09:15 Introduction and Overview

#### SESSION 1

09:15-09:45 Pathophysiology of Primary Headache Disorders

09:45-10:15 Migraine: Clinical Phenotype, Rare Variants and Migraine Equivalents

10:15-10:45 Migraine Comorbidities and Their Impact on Management

10:45-11:00 Q&A

11:00-11:15 COFFEE BREAK

#### SESSION 2

11:15-11:45 Hormonal Influences in Migraine: Contraception, Pregnancy, Lactation and Menopause

11:45-12:15 Management of Medication Overuse Headache

12:15-12:45 Case Presentations

12:45-13:00 Q&A

13:00-14:00 LUNCH

#### SESSION 3

14:00-14:30 Acute Migraine Management: Evidence Based Approaches

14:30-15:00 Traditional Oral Preventive Therapies for Migraine

15:00-15:30 Advanced Migraine Treatments: CGRP Monoclonal Antibodies, Gepants and Botox

15:30-15:45 Case Presentations

15:45-16:00 COFFEE BREAK

#### SESSION 4

16:00-16:30 Transitional Treatments and Neuromodulation Techniques in Headache Care

16:30-17:00 Emergency Department Approaches to Acute Headache

17:00-17:30 Case Presentations

17:30-17:45 Q&A

Prof Manjit Matharu

#### CHAIR: PROF MANJIT MATHARU

Dr Anna Andreaou

Dr David Moreno Ajona

Dr Mireia Moragas

#### CHAIR: DR TIM YATES

Dr Shazia Afridi

Prof Fayyaz Ahmed

Dr Sanjay Cheema

#### CHAIR: DR CALLUM DUNCAN

Dr Michelle Oswal

Dr Bal Athwal

Prof Manjit Matharu

Dr Tim Yates

#### CHAIR: DR SANJAY CHEEMA

Dr Sarah Miller

Dr Jane Anderson

Dr Michelle Oswal

### SUNDAY 5 OCTOBER 2025

08:30-09:00 REFRESHMENTS

#### SESSION 5

09:00-09:30 Cluster Headaches and Indomethacin Responsive Headaches

09:30-10:00 SUNCT, SUNA and Trigeminal Neuralgia

10:00-10:30 Other Cranial Neuralgias and Facial Pain Syndromes

10:30-10:45 Q&A

10:45-11:00 COFFEE BREAK

#### SESSION 6

11:00-11:30 Rare Primary Headache Syndromes

11:30-12:00 Headache And Facial Pain Attributable to Cranial and Cervical Disorders

12:00-12:30 Case Presentations

12:30-12:45 Q&A

12:45-13:45 LUNCH

#### SESSION 7

13:45-14:15 Case Presentations

14:15-14:45 Headaches Related to Head and Neck Trauma or Injury

14:45-15:15 Orthostatic Headache Syndromes: Spontaneous Intracranial

Hypotension and Post-Dural Puncture Headache

15:15-15:45 Idiopathic Intracranial Hypertension

15:45-16:00 Q&A

16:00-16:15 Conclusion

#### CHAIR: DR JANE ANDERSON

Dr Diana Wei

Dr Giorgio Lambru

Dr Tim Yates

#### CHAIR: DR MICHELLE OSWAL

Dr Callum Duncan

Dr Sophie Dorsey

Dr Jane Anderson

#### CHAIR: PROF MANJIT MATHARU

Dr Callum Duncan

Dr James Mitchell

Dr Sanjay Cheema

Dr Mark Thaller

Prof Manjit Matharu