



headache
academy

SPECIALIST REGISTRAR TEACHING WEEKEND ON HEADACHE DISORDERS

5-6 October 2024

- **Learn how to diagnose and manage headache effectively**
- **A course presented by the foremost headache experts and opinion leaders**
- **Accredited for 12 CPD points**

**ROYAL COLLEGE OF PHYSICIANS
REGENT'S PARK, LONDON**



A COMPREHENSIVE AND INTERACTIVE COURSE ON HEADACHE DISORDERS FOR MEDICAL PROFESSIONALS WHICH WILL ENABLE A CONTEMPORARY APPROACH WITH A CONFIDENT DIAGNOSIS, APPROPRIATE INVESTIGATIONS AND EFFECTIVE MANAGEMENT

PRESENTED BY THE FOREMOST EXPERTS AND OPINION LEADERS

WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult with a doctor. The burden of headaches on patients, health services and society as a whole is extremely high. A wide range of effective treatments are available for most headache disorders.
- Studies show that headaches are under-estimated, under-diagnosed and under-treated.
- Patient's quality of life can be greatly improved by effective diagnosis and treatment. The aim of the Teaching Weekend is to help you to manage these disorders more effectively.

LEARN HOW TO:

- Assess patients with headache.
- Diagnose major categories of headache accurately
- Decide when to investigate patients
- Understand the evidence base for currently available treatments
- Develop effective, individualised treatment plans for your patients

WHO SHOULD ATTEND?

- Neurologists, Pain Specialists (including Facial Pain Specialists) and Paediatricians
- General Practitioners
- Specialist Registrars, Associate Specialists and Staff Grades in Neurology
- Specialist Registrars in Paediatrics, Emergency Medicine and General Practice
- Headache Specialist Nurses
- Allied Health Professionals

ACCREDITATION

- This course is accredited for 12 CPD points by the Royal College of Physicians

ENDORSED BY:



SPONSORED BY:

This meeting is part sponsored by AbbVie. AbbVie had no influence or input in the event.

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This meeting is partly sponsored by Pfizer and had no influence on the content or speakers for the course.

Teva UK Limited has part sponsored this event via provision of an exhibition stand and will be present on the day.



SPEAKERS

PROF MANJIT MATHARU

Professor of Neurology, Academic & Clinical Lead at The National Hospital for Neurology and Neurosurgery, London.

DR TIM YATES

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

DR FAYYAZ AHMED

Consultant Neurologist at the Hull and East Yorkshire Hospitals NHS Trust.

DR JANE ANDERSON

Consultant Neurologist at headache lead at Addenbrooke's Hospital, Cambridge.

DR BAL ATHWAL

Consultant Neurologist and headache lead at the Royal Free London.

DR ANNA COHEN

Consultant Neurologist at East & North Hertfordshire NHS Trust.

DR KRISHNA DANI

Consultant Neurologist at NHS Greater Glasgow and Clyde.

DR POOJA DASSAN

Consultant Neurologist and clinical lead at Ealing Hospital, Imperial College NHS Trust, London.

DR SOPHIE DORSEY

Consultant Neurologist and headache lead at the Hull and East Yorkshire Hospitals NHS Trust.

DR SALWA KAMOURIEH

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

DR SANJAY CHEEMA

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

DR CALLUM DUNCAN

Consultant Neurologist and headache lead at Aberdeen Royal Infirmary.

DR MIREIA MORAGAS GARRIGO

Consultant Neurologist at Edinburgh Hospitals.

DR DAVID MORENO AJONA

Consultant Neurologist at King's College Hospital, London.

DR NIRANJANAN NIRMALANANTHAN

Consultant Neurologist at St George's University Hospitals, London.

DR MICHELLE OSWAL

Consultant Neurologist at Hillingdon Hospital, London.

PROF ALEX SINCLAIR

Consultant Neurologist at Queen Elizabeth Hospital, University Hospital, and NIHR Clinician Scientist at the University of Birmingham.

DR BENJAMIN WAKERLEY

Consultant Neurologist at Queen Elizabeth Hospital, Birmingham.

REGISTRATION

CONFERENCE FEES FOR THE COURSE :



1 NIGHT + COURSE

£450



2 NIGHTS + COURSE

£550



COURSE ONLY

£300

THE FIRST 100 DELEGATES TO REGISTER WILL BE CHARGED AT A SUBSIDISED RATE OF £100 FOR THE COURSE INCLUSIVE OF ACCOMMODATION

REGISTER ONLINE AT: WWW.HEADACHEACADEMY.COM

- Please note if the accommodation has been ticked and you fail to attend the course there will be an additional charge to your card of £200 for non-attendance
- Bed and breakfast is included. Any extras will be paid by individuals directly to the hotel.
- Address for contacting us is Prof Manjit Matharu, Headache Academy, 23 Queen Square, London WC1N 3BG
- Email address for contacting us is info@headacheacademy.com



PROGRAMME

SATURDAY 5 OCTOBER 2024

08:30-09:00 REGISTRATION AND REFRESHMENTS

09:00-09:15 Introduction and Overview

HEADACHES AND CRANIAL OR CERVICAL VASCULAR DISORDERS

09:15-09:45 History, Examination and Investigations

09:45-10:30 Thunderclap Headache

10:30-11:00 Headaches and Cerebrovascular Disorders

11:00-11:15 Q&A

11:15-11:30 COFFEE BREAK

CASE PRESENTATIONS AND INTERACTIVE DISCUSSION

11:30-12:00 Case Presentations

12:00-12:30 Case Presentations

12:30-13:30 LUNCH

HEADACHES ATTRIBUTED TO NON-VASCULAR INTRACRANIAL DISORDERS

13:30-14:00 Orthostatic Headache

14:00-14:30 Headache and Intracranial Hypertension

14:30-15:00 Headaches and Intracranial Neoplasia

15:00-15:30 Case Presentations

15:30-15:45 Q&A

15:45-16:15 COFFEE BREAK

HEADACHES AND ASSOCIATED CONDITIONS

16:15-16:45 Headache in Pregnancy and Post-Partum Period

16:45-17:15 Headache and Sleep Disorders

17:15-17:45 Headache and Vertigo

17:45-18:00 Q&A

SUNDAY 6 OCTOBER 2024

08:30-09:00 REFRESHMENTS

MANAGEMENT OF MIGRAINE

09:00-09:30 Current Treatments of Migraine: A Comprehensive Overview

09:30-10:00 Modern Approach to Migraine Treatments: CGRP Monoclonal Antibodies

10:00-10:30 Advancements in Migraine Treatment: Gepants

10:30-11:00 Management of Acute Presentations of Migraine

11:00-11:15 Q&A

11:15-11:30 COFFEE BREAK

TRIGEMINAL AUTONOMIC CEPHALALGIAS (TACs) AND FACIAL PAIN

11:30-11:45 Management of Cluster Headache and Indomethacin Responsive Headaches

11:45-12:15 Management of Neuralgiform Disorders

12:15-12:45 Case Presentations

12:45-13:00 Q&A

13:00-14:00 LUNCH

LESS COMMON HEADACHES

14:00-14:30 Case Presentations

14:30-15:00 Valsalva, Exertional and Sex Headaches

15:00-15:30 Headaches Related to Head and Neck Trauma or Injury

15:30-16:00 Headaches Related to Cervical Disorders

16:00-16:15 Q&A

16:15-16:30 Conclusion

Prof Manjit Matharu

CHAIR: PROF MANJIT MATHARU

Dr Niranjana Nirmalanathanam

Dr Krishna Dani

Dr Benjamin Wakerley

CHAIR: DR SALWA KAMOURIEH

Dr Krishna Dani

Dr Sanjay Cheema

CHAIR: DR JANE ANDERSON

Dr Sanjay Cheema

Prof Alexandra Sinclair

Dr Bal Athwal

Dr Tim Yates

CHAIR: DR TIM YATES

Dr Pooja Dassan

Dr Mireia Moragas Garrido

Dr David Moreno Ajona

CHAIR: DR SANJAY CHEEMA

Dr Callum Duncan

Dr Tim Yates

Prof Manjit Matharu

Dr Jane Anderson

CHAIR: DR CALLUM DUNCAN

Prof Fayyaz Ahmed

Dr Salwa Kamourieh

Dr Jane Anderson

CHAIR: PROF MANJIT MATHARU

Dr Callum Duncan

Dr Michelle Oswal

Dr Anna Cohen

Dr Sophie Dorsey

Prof Manjit Matharu