



headache  
academy

## **SPECIALIST REGISTRAR TEACHING WEEKEND ON HEADACHE DISORDERS**

**20-21 May 2023**

- **Learn how to diagnose and manage headache effectively**
- **A course presented by the foremost headache experts and opinion leaders**
- **Accredited for 12 CPD points**

**ROYAL COLLEGE OF PHYSICIANS  
REGENT'S PARK, LONDON**



## A COMPREHENSIVE AND INTERACTIVE COURSE ON HEADACHE DISORDERS FOR MEDICAL PROFESSIONALS WHICH WILL ENABLE A CONTEMPORARY APPROACH WITH A CONFIDENT DIAGNOSIS, APPROPRIATE INVESTIGATIONS AND EFFECTIVE MANAGEMENT

*PRESENTED BY THE FOREMOST EXPERTS AND OPINION LEADERS*

### WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult with a doctor. The burden of headaches on patients, health services and society as a whole is extremely high. A wide range of effective treatments are available for most headache disorders.
- Studies show that headaches are under-estimated, under-diagnosed and under-treated.
- Patient's quality of life can be greatly improved by effective diagnosis and treatment. The aim of the Teaching Weekend is to help you to manage these disorders more effectively.

### LEARN HOW TO:

- Assess patients with headache.
- Diagnose major categories of headache accurately
- Decide when to investigate patients
- Understand the evidence base for currently available treatments
- Develop effective, individualised treatment plans for your patients

### WHO SHOULD ATTEND?

- Neurologists, Pain Specialists (including Facial Pain Specialists) and Paediatricians
- General Practitioners
- Specialist Registrars, Associate Specialists and Staff Grades in Neurology
- Specialist Registrars in Paediatrics, Emergency Medicine and General Practice
- Headache Specialist Nurses
- Allied Health Professionals

### ACCREDITATION

- This course is accredited for 12 CPD points by the Royal College of Physicians

### ENDORSED BY:



This event is part sponsored by AbbVie Ltd. AbbVie had no influence or input in the event.

This meeting was part sponsored by Eli Lilly and Company Limited. Lilly have had no influence on the content of this meeting.

This meeting is part sponsored by Lundbeck Ltd. Lundbeck was not involved in the choice of speakers or preparation of the course content provided by Headache Academy.

Teva UK Limited has part sponsored this event via provision of an exhibition stand and will be present on the day.



## SPEAKERS

### PROF MANJIT MATHARU

Associate Professor, Consultant Neurologist, and Academic & Clinical Lead of the Headache Group at the UCL Institute of Neurology and The National Hospital for Neurology and Neurosurgery, London.

### DR TIM YATES

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

### DR FAYYAZ AHMED

Consultant Neurologist leading the Headache clinic at the Hull and East Yorkshire Hospitals NHS Trust.

### DR JANE ANDERSON

Consultant Neurologist at Addenbrooke's Hospital, Cambridge and leading the refractory headache service.

### DR BAL ATHWAL

Consultant Neurologist and Clinical Lead for Headache Clinic, Royal Free Hospital, London.

### DR ANNA COHEN

Consultant Neurologist at the Royal Free Hospital, London.

### DR INDRAN DAVAGNANAM

Consultant neuroradiologist at the National Hospital for Neurology & Neurosurgery and honorary senior lecturer with the UCL Institute of Neurology.

### DR SALWA KAMOURIEH

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

### DR CALLUM DUNCAN

Consultant Neurologist and clinical lead of the Headache clinic at Aberdeen Royal Infirmary.

### DR MIREIA MORAGAS GARRIGO

Consultant neurologist at Edinburgh Hospitals.

### DR MONA GHADRI-SANI

Consultant neurologist and the headache lead at the Walton Centre NHS foundation trust.

### DR GIORGIO LAMBRU

Consultant Neurologist leading the headache service at the Pain Management and Neuromodulation Centre at Guy's and St Thomas' NHS Foundation Trust, London.

### DR JITKA VANDERPOL

Consultant Neurologist leading the Headache Service at the Cumbria Partnership NHS Foundation Trust.

### DR DIANA WEI

Consultant Neurologist at King's College Hospital and Guy's and St Thomas' NHS Foundation Trusts.

## REGISTRATION

### CONFERENCE FEES FOR THE COURSE :



1 NIGHT + COURSE

£450



2 NIGHTS + COURSE

£550



COURSE ONLY

£300

THE FIRST 100 DELEGATES TO REGISTER WILL BE CHARGED AT A SUBSIDISED RATE OF £100 FOR THE COURSE INCLUSIVE OF ACCOMMODATION

REGISTER ONLINE AT: [WWW.HEADACHEACADEMY.COM](http://WWW.HEADACHEACADEMY.COM)

- Please note if the accommodation has been ticked and you fail to attend the course there will be an additional charge to your card of £200 for non-attendance
- Bed and breakfast is included. Any extras will be paid by individuals directly to the hotel.
- Address for contacting us is Prof Manjit Matharu, Headache Academy, 23 Queen Square, London WC1N 3BG
- Email address for contacting us is [info@headacheacademy.com](mailto:info@headacheacademy.com)



## PROGRAMME

### SATURDAY 20 MAY 2023

08:30-09:00 REGISTRATION AND REFRESHMENTS

09:00-09:15 Introduction and Overview

#### MIGRAINE AND MEDICATION OVERUSE HEADACHE

09:15-09:45 Clinical Presentation and Pathophysiology of Migraine and Medication Overuse Headache

09:45-10:15 Update on the Management of Migraine and Medication Overuse Headache

10:15-10:45 Management of Acute Presentations of Migraine

10:45-11:00 Q&A

11:00-11:30 COFFEE BREAK

#### TRIGEMINAL AUTONOMIC CEPHALALGIAS (TACs) AND OTHER RARE HEADACHES

11:30-12:00 Cluster Headache

12:00-12:30 Indomethacin-Responsive Headaches

12:30-13:00 SUNCT, SUNA and Trigeminal Neuralgia

13:00-13:15 Q&A

13:15-14:00 LUNCH

#### SPONTANEOUS INTRACRANIAL HYPOTENSION (SIH)

14:00-14:30 SIH: Clinical Presentation and Differential Diagnosis

14:30-15:00 Neuroradiological Investigations and Treatments

15:00-15:30 UK Special Interest Group SIH Guidelines

15:30-15:45 Q&A

15:45-16:15 COFFEE BREAK

#### CASE PRESENTATIONS AND INTERACTIVE DISCUSSION

16:15-16:45 Case Presentations

16:45-17:15 Case Presentations

17:15-17:45 Case Presentations

Prof Manjit Matharu

#### CHAIR: PROF MANJIT MATHARU

Dr Bal Athwal

Dr Salwa Kamourieh

Dr Jane Anderson

#### CHAIR: DR JANE ANDERSON

Dr Diana Wei

Dr Callum Duncan

Dr Giorgio Lambru

#### CHAIR: DR CALLUM DUNCAN

Dr Salwa Kamourieh

Dr Indran Davagnanam

Prof Manjit Matharu

#### CHAIR: DR SALWA KAMOURIEH

Dr Callum Duncan

Dr Jane Anderson

Dr Giorgio Lambru

### SUNDAY 21 MAY 2023

08:30-09:00 REFRESHMENTS

#### LESS COMMON HEADACHE SYNDROMES

09:00-09:30 COVID-19 and Headache Disorders

09:30-10:00 Post-Traumatic Headache

10:00-10:30 Rare Primary Headache Disorders

10:30-10:45 Q&A

10:45-11:15 COFFEE BREAK

#### PROCEDURES IN HEADACHE DISORDERS I

11:15-11:45 Botulinum Toxin Injections in Headache Disorders: Evidence Base and Mechanism of Action

11:45-12:15 Botulinum Toxin Injections: Practical Aspects

12:15-12:30 Q&A

12:30-13:30 LUNCH

#### CASE PRESENTATIONS AND INTERACTIVE DISCUSSION

13:30-14:00 Case Presentations

14:00-14:30 Case Presentations

#### PROCEDURES IN HEADACHE DISORDERS II

14:30-15:00 Nerve Blocks: Evidence Base

15:00-15:30 Nerve Blocks: Practical Aspects

15:30-16:00 Infusional Treatments in Headache Disorders

16:00-16:15 Conclusion

#### CHAIR: DR SALWA KAMOURIEH

Dr Sophie Dorsey

Dr Mireia Moragas Garrido

Dr Anna Cohen

#### CHAIR: DR JITKA VANDERPOL

Prof Fayyaz Ahmed

Prof Manjit Matharu

#### CHAIR: PROF MANJIT MATHARU

Dr Tim Yates

Dr Jitka Vanderpol

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Dr Mona Ghadri-Sani

Prof Manjit Matharu