



headache
academy

**VIRTUAL TEACHING WEEKEND
ON HEADACHE DISORDERS
15-16 JANUARY 2022**

- Learn how to diagnose and manage headache effectively
- A course presented by the foremost headache experts and opinion leaders
- Accredited for 12 CPD points

**ROYAL COLLEGE OF PHYSICIANS
REGENT'S PARK, LONDON**



VIRTUAL TEACHING WEEKEND ON HEADACHE DISORDERS

A COMPREHENSIVE AND INTERACTIVE COURSE ON HEADACHE DISORDERS FOR TRAINEES WHICH WILL ENABLE A CONTEMPORARY APPROACH WITH A CONFIDENT DIAGNOSIS, APPROPRIATE INVESTIGATIONS AND EFFECTIVE MANAGEMENT

PRESENTED BY THE FOREMOST EXPERTS AND OPINION LEADERS

WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult with a doctor. The burden of headaches on patients, health services and society as a whole is extremely high. A wide range of effective treatments are available for most headache disorders.
- Studies show that headaches are under-estimated, under-diagnosed and under-treated.
- Patient's quality of life can be greatly improved by effective diagnosis and treatment. The aim of the Teaching Weekend is to help you to manage these disorders more effectively.

LEARN HOW TO:

- Assess patients with headache.
- Diagnose major categories of headache accurately
- Decide when to investigate patients
- Understand the evidence base for currently available treatments
- Develop effective, individualised treatment plans for your patients

WHO SHOULD ATTEND?

- Neurologists, Pain Specialists (including Facial Pain Specialists) and Paediatricians
- General Practitioners
- Specialist Registrars, Associate Specialists and Staff Grades in Neurology
- Specialist Registrars in Paediatrics, Emergency Medicine and General Practice
- Headache Specialist Nurses
- Allied Health Professionals

ACCREDITATION

- This course is accredited for 12 CPD points by the Royal College of Physicians



SPEAKERS

DR MANJIT MATHARU

Associate Professor, Consultant Neurologist, and Academic & Clinical Lead of the Headache Group at the UCL Institute of Neurology and The National Hospital for Neurology and Neurosurgery, London.

DR ISHAQ ABU-ARAFEH

Consultant in Paediatrics and Paediatric Neurology, Royal Hospital for Children, Glasgow.

PROF FAYYAZ AHMED

Consultant Neurologist leading the Headache clinic at the Hull and East Yorkshire Hospitals NHS Trust.

DR JANE ANDERSON

Consultant Neurologist at Addenbrooke's Hospital, Cambridge and leading the refractory headache service.

DR ANNA ANDREOU

Director of Headache Research at the Headache Centre, at Guys and St Thomas' NHS Trust and King's College London.

DR BAL ATHWAL

Consultant Neurologist and Clinical Lead for Headache Clinic, Royal Free Hospital, London.

DR KRISHNA DANI

Consultant Neurologist based at the Queen Elizabeth University Hospital, Glasgow.

DR POOJA DASSAN

Consultant Neurologist at Imperial College Healthcare NHS Trust and Ealing Hospital, London.

DR CALLUM DUNCAN

Consultant Neurologist and clinical lead of the Headache clinic at Aberdeen Royal Infirmary.

DR JEBAN GANESALINGAM

Consultant Neurologist at Brighton and Sussex University Hospital.

DR SALWA KAMOURIEH

Consultant Neurologist at The National Hospital for Neurology and Neurosurgery, London.

DR GINA KENNEDY

Consultant Neurologist leading the Headache clinic at South Tyneside and Sunderland NHS Foundation Trust.

DR GIORGIO LAMBRU

Consultant Neurologist leading the headache service at the Pain Management and Neuromodulation Centre at Guy's and St Thomas' NHS Foundation Trust, London.

PROF ANNE MCGREGOR

Professor at the Centre for Neuroscience and Trauma at Barts and the London School of Medicine and Dentistry.

DR NIRANJANAN NIRMALANANTHAN

Consultant Neurologist leading the Headache Clinic at St George's Hospital, London.

DR LOUISA MURDIN

Consultant in Audiovestibular Medicine and Neuro-otology at Guy's and St Thomas' NHS Foundation Trust.

DR PRAB PRABHAKER

Consultant paediatric neurologist at Great Ormond Street Hospital NHS Foundation Trust.

PROF ALEXANDRA SINCLAIR

Consultant Neurologist leading the Headache Clinic at Queen Elizabeth Hospital, University Hospital Birmingham NHS Foundation Trust.

DR JITKA VANDERPOL

Consultant Neurologist leading the Headache Service at the Cumbria Partnership NHS Foundation Trust.

DR MARK WEATHERALL

Consultant Neurologist at Stoke Mandeville Hospital in the Buckinghamshire Healthcare NHS Trust.

ONLINE REGISTRATION



ONLINE COURSE



**REGISTER ONLINE AT:
WWW.HEADACHEACADEMY.COM/REGISTER**



ONLINE PROGRAMME

SATURDAY 15 JANUARY 2022

08:30-09:00 WELCOME

09:00-09:15 Introduction and overview

Dr Manjit Matharu

SESSION 1

09:15-09:45 History and Examination

09:45-10:15 Migraine: Clinical Phenotype and Differential Diagnosis

10:15-10:45 Migraine: Epidemiology and Pathophysiology

10:45-11:15 Q&A Session

CHAIR: DR SALWA KAMOURIEH

Dr Jeban Ganesalingam

Dr Callum Duncan

Dr Anna Andreou

11:15-11:30 COFFEE BREAK

SESSION 2

11:30-12:00 Chronic Migraine and Medication Overuse Headache

12:00-12:30 Paediatric Migraine

12:30-13:00 Q&A Session

CHAIR: DR CALLUM DUNCAN

Dr Bal Athwal

Dr Ishaq Abu-Arafeh

13:00-13:30 LUNCH

SESSION 3

13:30-14:00 Vestibular Migraine and Persistent Postural-Perpetual Dizziness (PPPD)

14:00-14:30 Hemiplegic Migraine and Migraine with Brainstem Aura

14:30-15:00 Visual snow and Persistent Visual Aura

15:00-15:30 Q&A Session

CHAIR: DR MANJIT MATHARU

Dr Louisa Murdin

Dr Krishna Dani

Dr Mark Weatherall

15:30-15:45 COFFEE BREAK

SESSION 4

15:45-16:15 Hormones & Migraine Part 1: Menstrual associated Migraine & Menopause

16:15-16:45 Hormones & Migraine Part 2: Contraception, Pregnancy & Lactation

16:45-17:15 Migraine Equivalents : Abdominal Migraine, CVS, Alternating Hemiplegia of Childhood, Benign Paroxysmal Vertigo/Torticollis

17:15-17:45 Q&A Session

CHAIR: DR MARK WEATHERALL

Prof Anne MacGregor

Dr Pooja Dassan

Dr Prab Prabhaker

SUNDAY 16 JANUARY 2022

08:30-09:00 REFRESHMENTS

SESSION 1

09:00-09:30 Migraine in the Emergency Room

09:30-10:00 Lifestyle Factors and Biobehavioural Treatments

10:00-10:30 Acute Treatments

10:30-11:00 Q&A Session

CHAIR: DR GIORGIO LAMBRU

Dr Jane Anderson

Dr Jitka Vanderpol

Prof Alex Sinclair

11:00-11:15 COFFEE BREAK

SESSION 2

11:15-11:45 Oral Preventative Treatments

11:45-12:15 CGRP Monoclonal Antibodies : The Evidence

12:15-12:45 CGRP Monoclonal Antibodies : Practical Aspects

12:45-13:15 Q&A Session

CHAIR: DR JANE ANDERSON

Dr Niranjana Nirmalanthan

Dr Manjit Matharu

Dr Gina Kennedy

13:15-13:45 LUNCH

SESSION 3

13:45-14:15 Botox injections in Chronic Migraine

14:15-14:45 Transitional Treatments

14:45-15:15 Neuromodulation

15:15-15:45 Q&A Session

15:45-16:00 Conclusion

CHAIR: DR TIM YATES

Prof Fayyaz Ahmed

Dr Giorgio Lambru

Dr Salwa Kamourieh

Dr Manjit Matharu