

### **Candesartan Regime in Headache:**

Candesartan is used to prevent the headaches from occurring. The dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headache attacks or you reach the maximum dose of 16 mg twice daily. If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

	<b>Morning</b>	<b>Evening</b>
For 7 days take:	<b>4 mg</b>	<b>4 mg</b>
For 7 days take:	<b>4 mg</b>	<b>8 mg</b>
Thereafter take:	<b>8 mg</b>	<b>8 mg</b>

### **Side-effects:**

As with all medications, there are potential side effects in a small number of patients. The most often reported effects are: dizziness/spinning sensation, respiratory infection, low blood pressure, irregular heartbeat, low white blood cell count.

### **Contraindications:**

This drug is contraindicated for patients who have severe liver disease and biliary obstruction.

### **Special note:**

A routine blood test for renal profile and full blood count should be performed one month after starting this drug. Do not stop taking Candesartan unless your doctor tells you to. If your treatment is stopped it should be done gradually.

### **Pregnancy and Breast feeding :**

Candesartan is not recommended if you are pregnant, planning a pregnancy or are breastfeeding. Women of childbearing age should take adequate contraceptive precautions. Higher doses of the oral contraceptive pill are required whilst taking Candesartan. Women taking the oral contraceptive pill should discuss the dose with their GP.

This leaflet should be read in conjunction with the product characteristic leaflet that can be found inside all boxes of medication. The use of any medicine is based on considerations of how benefits outweigh potential side effects. **Your prescribing doctor will discuss the risks and benefits of the medication as it relates to you and answer any further questions you may have.**