

### **Amitriptyline Regime in Headache**

Amitriptyline is a tricyclic anti-depressant that is also used to prevent the headaches from occurring. The dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches or you reach the maximum dose of 75 mg once at night. If you start to get any side effects, please let your General Practitioner or Neurologist know as soon as possible.

For 2 weeks take:	<b>Evening 10 mgs</b>
For 2 weeks take:	<b>25mg</b>
For 2 weeks take:	<b>50 mg</b>
Thereafter take:	<b>75 mgs</b>

### **Side-effects:**

As with all medications, there are potential side effects in a small number of patients. The most often reported effects are: dry mouth, sedation, constipation, nausea, difficulty with micturition, increased appetite, weight gain, tiredness.

You should not be taking Amitriptyline if you have heart disease, liver disease, epilepsy or glaucoma.

### **Pregnancy and Breast feeding :**

Amitriptyline is not recommended if you are pregnant, planning a pregnancy or are breastfeeding. Women of childbearing age should take adequate contraceptive precautions.

This leaflet should be read in conjunction with the product characteristic leaflet that can be found inside all boxes of medication. The use of any medicine is based on considerations of how benefits outweigh potential side effects. **Your prescribing doctor will discuss the risks and benefits of the medication as it relates to you and answer any further questions you may have.**