



Pregabalin Regime in Headache

Pregabalin is used to prevent headaches from occurring. The dose has to be increased gradually as outlined below. Continue increasing the dose until it is effective at suppressing your headaches or you reach the maximum dose of 600mgs daily. If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

	Morning	Evening
For 7 days take:	75mgs	75mgs
For 7 days take:	150mgs	150mgs
For 7 days take:	225mgs	225mgs
Thereafter take:	300mgs	300mgs

Side-effects:

As with all medications, there are potential side effects in a small number of patients. The most often reported effects are: dizziness, somnolence, fatigue, thinking abnormal, weight gain, increased appetite, dry mouth, constipation, peripheral oedema, double vision, blurred vision and arthralgia.

Do not stop taking Pregabalin unless your doctor tells you to. If your treatment is stopped it should be done gradually.

Pregnancy and Breast feeding :

Pregabalin is not recommended if you are pregnant, planning a pregnancy or are breastfeeding. Women of childbearing age should take adequate contraceptive precautions.

This leaflet should be read in conjunction with the product characteristic leaflet that can be found inside all boxes of medication. The use of any medicine is based on considerations of how benefits outweigh potential side effects. **Your prescribing doctor will discuss the risks and benefits of the medication as it relates to you and answer any further questions you may have.**

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