



Gabapentin Regime in Headache

Gabapentin is used to prevent headaches from occurring. The dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches or you reach the maximum dose of 1200mgs three times daily. If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

	Morning	Midday	Evening
For 7 days take:	100mgs	100mgs	100mgs
For 7 days take:	200mgs	200mgs	200mgs
For 7 days take:	300mgs	300mgs	300mgs
For 7 days take:	400mgs	400mgs	400mgs
For 7 days take:	500mgs	500mgs	500mgs
For 7 days take:	600mgs	600mgs	600mgs
For 7 days take:	700mgs	700mgs	700mgs
For 7 days take:	800mgs	800mgs	800mgs
For 7 days take:	900mgs	900mgs	900mgs
For 7 days take:	1000mgs	1000mgs	1000mgs
For 7 days take:	1100mgs	1100mgs	1100mgs
Thereafter take:	1200mgs	1200mgs	1200mgs

Side-effects:

As with all medications, there are potential side effects in a small number of patients. The commonly reported side effects are: dizziness, somnolence, peripheral oedema, diarrhoea, dry mouth, nausea, constipation, vomiting, ataxia, fatigue and weight gain.

Do not stop taking Gabapentin unless your doctor tells you to. If your treatment is stopped it should be done gradually.

Pregnancy and Breast feeding :

Gabapentin is not recommended if you are pregnant, planning a pregnancy or are breastfeeding. Women of childbearing age should take adequate contraceptive precautions. Higher doses of the oral contraceptive pill are required whilst taking topiramate. Women taking the oral contraceptive pill should discuss the dose with their GP.

This leaflet should be read in conjunction with the product characteristic leaflet that can be found inside all boxes of medication. The use of any medicine is based on considerations of how benefits outweigh potential side effects. **Your prescribing doctor will discuss the risks and benefits of the medication as it relates to you and answer any further questions you may have.**