

Baclofen Regime in Headache:

Baclofen is used to prevent the headaches from occurring. The dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches or you reach the maximum dose of 30mg three times daily. If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

Dosage Schedule

	Morning	Midday	Evening
For 7 days take:	5mgs	5mgs	5mgs
For 7 days take:	10mgs	10mgs	10mgs
For 7 days take:	15mgs	15mgs	15mgs
For 7 days take:	20mgs	20mgs	20mgs
For 7 days take:	25mgs	25mgs	25mgs
Thereafter take:	30mgs	30mgs	30mgs

Side effects

These are common with this drug and you are likely to have at least one of these but they can be decreased by increasing the dose slowly and keeping the dose low. Some are listed here.

- Nausea, vomiting, diarrhoea
- Fatigue, weakness
- Drowsiness, dizziness, insomnia

Pregnancy and Breast feeding

Baclofen is not recommended if you are pregnant, planning a pregnancy or are breastfeeding. Women of childbearing age should take adequate contraceptive precautions.

This leaflet should be read in conjunction with the product characteristic leaflet that can be found inside all boxes of medication. The use of any medicine is based on considerations of how benefits outweigh potential side effects. **Your prescribing doctor will discuss the risks and benefits of the medication as it relates to you and answer any further questions you may have.**

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