



headache
academy

**SPECIALIST REGISTRAR TEACHING
WEEKEND ON HEADACHE DISORDERS
13 - 14 OCTOBER 2018**

- Learn how to diagnose and manage headache effectively
- A course presented by the foremost headache experts and opinion leaders
- Accredited for 12 CPD points

**ROYAL COLLEGE OF PHYSICIANS
REGENT'S PARK, LONDON**



SPECIALIST REGISTRAR TEACHING WEEKEND ON HEADACHE DISORDERS

A COMPREHENSIVE AND INTERACTIVE COURSE ON HEADACHE DISORDERS FOR TRAINEES WHICH WILL ENABLE A CONTEMPORARY APPROACH WITH A CONFIDENT DIAGNOSIS, APPROPRIATE INVESTIGATIONS AND EFFECTIVE MANAGEMENT

PRESENTED BY THE FOREMOST EXPERTS AND OPINION LEADERS

WHY LEARN ABOUT HEADACHE DISORDERS?

- Headache is one of the commonest reasons for patients to consult with a doctor. The burden of headaches on patients, health services and society as a whole is extremely high. A wide range of effective treatments are available for most headache disorders.
- Studies show that headaches are under-estimated, under-diagnosed and under-treated.
- Patient's quality of life can be greatly improved by effective diagnosis and treatment. The aim of the Teaching Weekend is to help you to manage these disorders more effectively.

LEARN HOW TO:

- Assess patients with headache.
- Diagnose major categories of headache accurately
- Decide when to investigate patients
- Understand the evidence base for currently available treatments
- Develop effective, individualised treatment plans for your patients

WHO SHOULD ATTEND?

- Specialist Registrars, Associate Specialists and Staff Grades in Neurology
- Specialist Registrars in Paediatrics, Emergency Medicine and General Practice
- Headache Specialist Nurses

ACCREDITATION

- This course is accredited for 12 CPD points by the Royal College of Physicians

ENDORSED BY:



SPONSORED BY:



The sponsors were not involved in the choice of speakers or preparation of the course content



SPEAKERS

DR MANJIT MATHARU

Senior Lecturer, Consultant Neurologist, and Academic & Clinical Lead of the Headache Group at the UCL Institute of Neurology and The National Hospital for Neurology and Neurosurgery, London.

DR SARAH MILLER

Locum Consultant Neurologist at the National Hospital for Neurology and Neurosurgery.

DR FAYYAZ AHMED

Consultant Neurologist leading the Headache clinic at the Hull and East Yorkshire Hospitals NHS Trust

DR JANE ANDERSON

Consultant Neurologist at Addenbrooke's Hospital, Cambridge and leading the refractory headache service.

DR ANNA ANDREOU

Migraine Trust Research Fellow based at the Wolfson CARD- King's College London, and the headache research director at the Pain Management and Neuromodulation Centre at St' Thomas Hospital

DR BAL ATHWAL

Consultant Neurologist and Clinical Lead for Headache Clinic, Royal Free Hospital, London.

DR PYARI BOSE

Consultant Neurologist at Basildon and Thurrock University Hospitals NHS Trust and The Royal London Hospital.

DR SAM CHONG

Consultant Neurologist working in the Pain Management centre and Facial Pain clinic at the National Hospital for Neurology and Neurosurgery London.

DR MARK WEATHERALL

Consultant Neurologist at Stoke Mandeville Hospital.

DR CALLUM DUNCAN

Consultant Neurologist and clinical lead of the Headache clinic at Aberdeen Royal Infirmary

DR GILES ELRINGTON

Independent Consultant Neurologist at Harley Street in London, Oaks Hospital in Colchester and Spire Wellesley Hospital in Southend-On-Sea

DR JEBAN GANESALINGAM

Consultant Neurologist leading the Headache Service at Brighton and Sussex University Hospitals NHS Trust

DR ANITA KRISHNAN

Consultant Neurologist at the Walton Centre, Liverpool, Wirral University Teaching Hospital and Warrington and Halton NHS Foundation Trust.

DR GIORGIO LAMBRU

Consultant Neurologist leading the headache service at the Pain Management and Neuromodulation Centre at Guy's and St Thomas' NHS Foundation Trust, London

DR NIRANJANAN NIRMALANANTHAN

Consultant Neurologist leading the Headache Clinic at St George's Hospital, London

DR ALOK TYAGI

Consultant Neurologist at the Institute of Neurological Sciences, Queen Elizabeth University Hospital, Glasgow and the Lead Clinician for the West of Scotland Regional Headache service

DR JITKA VANDERPOL

Consultant Neurologist leading the Headache Service at the Cumbria Partnership NHS Foundation Trust

REGISTRATION

CONFERENCE FEES FOR THE COURSE :



1 NIGHT + COURSE

£450



2 NIGHTS + COURSE

£550



COURSE ONLY

£300

- The first 100 delegates to register will be charged as subsidised rate of £100 for the course inclusive of accommodation.
- If accommodation is required please tick which night(s) you require the hotel room.
- Please note if the accommodation has been ticked and you fail to attend the course there will be a charge to your card of £200 for non-attendance
- Bed and breakfast is included. Any extras will be paid by individuals directly to the hotel.
- Address for contact us is Dr Manjit Matharu Headache Academy, 23 Queen Square, London WC1N 3BG
- Email address if you can set it up will be info@headacheacademy.com



PROGRAMME

SATURDAY 13 OCTOBER 2018

08:30-09:00 REGISTRATION AND REFRESHMENTS

09:00-09:15 Introduction and overview

DIAGNOSIS AND INVESTIGATIONS

09:15-09:45 History taking and investigations in headaches
09:45-10:30 Secondary headache disorders

10:30-11:00 COFFEE BREAK

CASE PRESENTATIONS

11:00-11:30 Case Presentations
11:30-12:00 Case Presentations
12:00-12:30 Case Presentations

12:30-13:30 LUNCH

MANAGEMENT OF COMMON HEADACHES I: MIGRAINE AND TENSION-TYPE HEADACHES

13:30-14:00 Pathophysiology of primary headaches
14:00-14:30 Migraine & tension-type headache: clinical presentation & diagnosis
14:30-14:50 Migraine and tension-type headache: acute treatments
14:50-15:30 Migraine and tension-type headache: pharmacotherapeutic preventive treatments

15:30-16:00 COFFEE BREAK

MANAGEMENT OF COMMON HEADACHES II: MIGRAINE AND TENSION-TYPE HEADACHES

16:00-16:30 Procedural treatments: Botulinum toxin, nerve blocks and acupuncture
16:30-17:00 Non-invasive and invasive neuromodulation
17:00-17:30 Case presentations
17:30-18:00 Case presentations

Dr Manjit Matharu

CHAIR: DR MANJIT MATHARU

Dr Niranjanan Nirmalananthan
Dr Jane Anderson

CHAIR: DR SARAH MILLER

Dr Alok Tyagi
Dr Callum Duncan
Dr Anita Krishnan

CHAIR: DR JANE ANDERSON

Dr Anna Andreou
Dr Mark Weatherall
Dr Anita Krishnan
Dr Alok Tyagi

CHAIR: DR ALOK TYAGI

Dr Fayyaz Ahmed

Dr Sarah Miller
Dr Giorgio Lambru
Dr Manjit Matharu

SUNDAY 14 OCTOBER 2018

08:30-09:00 REFRESHMENTS

MANAGEMENT OF COMMON HEADACHES III: MIGRAINE AND TENSION-TYPE HEADACHES

09:00-09:30 Chronic daily headache and medication overuse headache
09:30-10:00 Hormonal issues in migraine
10:00-10:30 Emerging therapies in migraine

10:30-11:00 COFFEE BREAK

TRIGEMINAL AUTONOMIC CEPHALALGIAS AND OTHER RARE HEADACHES

11:00-11:30 Cluster headache
11:30-12:00 Indomethacin-responsive headaches
12:00-12:30 Trigeminal neuralgia, SUNCT and SUNA

12:30-13:30 LUNCH

CASE PRESENTATIONS AND INTERACTIVE DISCUSSION

13:30-14:00 Case Presentations
14:00-14:30 Case Presentations

LESS COMMON HEADACHE AND FACIAL PAIN SYNDROMES

14:30-15:00 Rare primary headache syndromes
15:00-15:30 Other cranial neuralgias and facial pain syndromes
15:30-16:00 Headaches & facial pain syndromes attributable to disorders of cranial & cervical structures
16:00-16:15 Conclusion

CHAIR: DR JITKA VANDERPOL

Dr Bal Athwal
Dr Giles Elrington
Dr Callum Duncan

CHAIR: DR BAL ATHWAL

Dr Manjit Matharu
Dr Pyari Bose
Dr Giorgio Lambru

CHAIR: DR CALLUM DUNCAN

Dr Sarah Miller
Dr Manjit Matharu

CHAIR: DR GIORGIO LAMBRU

Dr Jeban Ganesalingham
Dr Sam Chong
Dr Jitka Vanderpol

Dr Manjit Matharu

REGISTRATION FORM

PLEASE COMPLETE FORM AND EMAIL TO [INFO@HEADACHEACADEMY.COM](mailto:info@headacheacademy.com)

Title:_____ Surname:_____ First Name:_____

Job Title: _____ Training Grade: _____

Deanery : _____ Current Hospital/Organisation: _____

Address: _____ Town/City: _____
(For Correspondence)

Post Code: _____ Country: _____ Telephone: _____

Email: (please print clearly): _____
Confirmation of registration will be sent to this email address.

Special Dietary Requirements (please specify) : _____
(Kosher/Halal/Vegetarian/Vegan/Other)

Any other special requirements (e.g. mobility)? YES/NO Please specify: _____

Other (please specify): _____

Do you have any particular questions or issues relating to headache disorders that you would like to see discussed at the course?

If so, please detail here: _____

Course Fee: Course only - £300	Course plus 1 night - £450	Course plus 2 nights - £550
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PAYMENT DETAILS

Please tick as appropriate:

☐ I enclose a cheque made payable to Headache Masterclass Ltd ☐ Please charge my debit/credit card

☐ Debit card ☐ Visa ☐ Mastercard ☐ Maestro ☐ Delta

Card number: Security Code:

Expiry Date: _____ Issue No: _____ (Maestro only)

Cardholder Name: _____ Signature: _____

Card billing address: _____ Post Code: _____

Please sign the form below. Once signed you are accepting and are automatically bound by the terms and conditions stated below.

Name: _____ Signature: _____ Date: _____

TERMS AND CONDITIONS
All cancellations and substitutions must be submitted to the Headache Academy, in writing, preferably by email to info@headacheacademy.com or by faxing this to 07092 120797. There will be no charge for substituting one person for another at any time.

The refund policy for accepted bookings is as follows: Cancellations made 29 days or more prior to the event – fee refunded less £100.00 administration charge. Cancellations made 28 days or less prior to the event - refunds will only be made in exceptional circumstances and at the absolute discretion of Headache Academy

All registrations will be acknowledged by email with confirmation as to whether your booking has been successful. If confirmed, it is at this point when a binding contract comes into effect. It is your responsibility to ensure that full payment or payment instruction is sent with the form.

If you have requested an invoice, you must ensure that full payment is made prior to the Headache Academy course. Information provided on this registration form will be used in accordance with your preferences to the right and our privacy policy, which can be viewed on the website or by contacting us. We will use information to provide delegate lists for the venue. Due to circumstances beyond the control of Headache Academy, last minute changes to the programme, timings, venue, speakers or presentations may be unavoidable. In the unlikely event of the course being cancelled (as opposed to postponed) we will refund you the registration fee, (except where you have already given notice in accordance with Clause 2 and in which case its provisions shall prevail). Otherwise, to the fullest extent permitted by law Headache Academy disclaims any liability for any costs or losses whether direct or indirect caused due to such changes. This or any other exclusion herein does not however affect your statutory rights. You will need to comply with the course rules which will be available at the relevant venue upon request. To the fullest extent permitted by law we will not be liable to you for any losses (whether direct or indirect) based on reliance of any content at the Headache Academy. These terms and conditions are subject to the laws of England and it is agreed that the competent courts of jurisdiction shall be the English courts.